



# Doggie Dash

Have you taken your Human for a walk?

**5K Run/ 1 Mile Fun Walk**

**September 5<sup>th</sup>, 2020**

**9:00AM**

**Hanover Trolley Trail -SG/Jackson Township Section**

Hosted by: Spring Grove Regional Parks and Recreation Center  
50 North East Street  
Spring Grove Pa 17362

*\*Race will begin/finish at the Recreation Center*

**5k Run**

\$25 per dog/human

\$20 human only

\$12 kids 10 and under

\*includes T-shirt for human & bandana for dogs

**1 Mile Walk**

\$10 per person all ages

W/dog additional \$2

\*T-shirt/bandana not included. Items can be added/purchased for \$5 per shirt/\$2 per bandana

**Awards:**

**5k Race**

First 3 Males/ 3 Females to finish will receive a medal

First 3 dogs to finish will receive a doggie medal

**1 Mile Fun Walk**

No Awards

All dogs will receive a special treat for finishing!

Registration Form can be found on  
back of flyer or on our website at

<http://sgrprc.com/>

Under the "Races" Tab



Deadline to Register to guarantee  
your T-shirt/bandana is

August 17<sup>th</sup>, 2020

**\*DOGS MUST BE LEASHED FOR RACE**



## **Doggie Dash 5k/1-mile walk** **REGISTRATION FORM**

**Please fill out Registration form and mail to**  
**Spring Grove Regional Parks and Recreation Center**  
**50 North East Street, Suite 1, Spring Grove, PA 17362**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

Gender: Male or Female

Age on race-day: 14 & under 15-19 20-29 30-39 40-49 50-59 60 & over

T-shirt size (5k Race only/Walkers additional \$5): S M L XL Youth Size: \_\_\_\_\_

Dog Racer: Yes \_\_\_\_\_ No \_\_\_\_\_

### **RACE OPTIONS**

**(CIRCLE ALL THAT YOU ARE REGISTERING FOR)**

#### **5K Race**

\$25 per human w/ dog

\$20 human only

\$12 kids 10 and under

#### **1 Mile Walk**

\$10 per person all ages

w/ dog additional \$2

\*Shirts additional \$5 /Bandana additional \$2

**Total Registration fee enclosed:** \$ \_\_\_\_\_

*Additional shirt for walkers:* \$5 YES or NO (chose size above)

*Additional Bandana for walkers:* \$2 YES or NO

**Cash or Check accepted: Checks payable to SGRPRC**

**You may pay online at [www.sgrprc.com](http://www.sgrprc.com) under make a payment reference the race you are signing up for.**

**Credit card fees due apply.**

**PAID ONLINE:** \$ \_\_\_\_\_ Amount Date OF PAYMENT: \_\_\_\_\_

**Participant Waiver: I fully understand and accept the risks involved in participating in any strenuous activity and I absolve the Spring Grove Regional Parks and Recreation Center, and Spring Grove Borough from all liability for any personal injury incurred through my participation in any Spring Grove Regional Parks and Recreation Center sponsored education, exercise, and/or physical activity program.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature if under 18:** \_\_\_\_\_

#### *Office Use Only*

Paid (Circle): Ck:# \_\_\_\_\_ Cash CC

Total Amount: \_\_\_\_\_ Date: \_\_\_\_\_