

SPONSORED BY:

UPMC Pinnacle
Hanover

FUN RUN RACE SERIES

PROVIDED BY:
**SPRING GROVE REGIONAL
PARK & RECREATION CENTER**

CODORUS BLAST 5K RACE



Saturday June 16th, 2018
Race starts at 8:00am

Location: Codorus State Park/ Band Shell & Blast Festival Area
Please refer to the map on our website at www.sgrprc.com
(Available May 2018)
Road/Trail Run

Registration Fees:

\$25 **Pre-Register by 6/11/18
\$30 After 6/11/18
\$15 Kids 12 and under

Race-day registration begins at 7:15am
Race starts at 8:00am
Please make checks payable to SGRPRC

* Registration fee includes t-shirt and water bottle
****Guaranteed to all preregistered racers only!**

GLOW IN THE GROVE 5K RACE



**GLOW IN THE GROVE
5K RACE**
Friday, October 12th, 2018
Race starts at 7:00pm

Location: Start @ Spring Grove Recreation Center
50 North East Street Spring Grove, Pa 17362
Run will be on the Trolley Trail SG/Jackson Twp Section
Please wear proper lighting.
Portions of trail will be lit along the way.

Registration Fees:

\$20 **Pre-Register by 10/5/18
\$25 After 10/5/18
\$15 Kids 12 and under

Race-day registration begins at 5:45pm
Race starts at 7:00pm
Please make checks payable to SGRPRC

*Registration fee includes Glow in the Grove long sleeve shirt
and a glow stick!
****Guaranteed to preregistered racers only!**

HALLOWEEN IN THE PARK 5K RACE



Saturday October 20th, 2018
Race starts at 9:00am

Location: Codorus State Park Camp Ground Area.
Start location will be near Pavilion 2. Race route will go
throughout the camp ground and end back at the pool
parking area.
Please refer to the map on our website at www.sgrprc.com
(Available August 2018)

**Start at Swimming Pool Area Pavilion #2 Codorus State
Park**

Registration Fees:

\$25 **Pre-Register by 10/12/18
\$30 After 10/12/18
\$15 Kids 12 and under

Race-day registration begins at 8:00am
Race starts at 9:00am
Please make checks payable to SGRPRC

* Registration fee includes long sleeve shirt and Water Bottle
****Guaranteed to preregistered racers only!**
***Come wearing your Halloween Spirit wear or your Halloween
costume! Prizes for best dressed racers!!**

1 MILE UGLY SWEATER RUN



Thursday November 29th, 2018
Race Start 5:45pm

**Location: Hoke House Area at Spring Grove Tree Lighting
Event. Racers will run down Roth Church Road and loop
through Spring Forge Development.**

Please refer to the map on our website at www.sgrprc.com
(Available June 2018)

Registration Fee:

\$10 per person **Pre-Register by 11/28/18 to
guaranteed Goody Bag
\$5 Kids 12 and under

Fee includes an ugly sweater button.
****Guaranteed to Pre-Registered Racers only.**

***This race will NOT be timed.**
This is a 1-mile fun run.
All finishers will receive an ugly sweater award!

Prizes for the 3 Ugliest Sweaters



RACE SERIES REGISTRATION FORM

**Please fill out Registration form and mail to
Spring Grove Regional Parks and Recreation Center
50 North East Street, Suite 1, Spring Grove, PA 17362**

Name: _____

Address: _____ City: _____ State: ____ Zip: _____

Email address: _____

Gender: Male or Female

Age on race-day: 14 & under 15-19 20-29 30-39 40-49 50-59 60 & over

T-shirt size: S M L XL Youth Size: _____

RACE OPTIONS

(CIRCLE ALL THAT YOU ARE REGISTERING FOR)

CODORUS BLAST 5K

\$25 by 6/11/18

\$30 after 6/11/18

\$15 kids under 12

GLOW RUN

\$20 by 10/5/18

\$25 after 10/5/18

\$15 kids under 12

HALLOWEEN IN PARK 5K

\$25 by 10/12/18

\$30 after 10/12/18

\$15 kids under 12

UGLY SWEATER

\$10 by 11/28/18 for

a goody bag

\$5 kids under 12

Total Registration fee enclosed: \$ _____

Cash or Check accepted: Checks payable to SGRPRC

You may pay online at www.sgrprc.com under make a payment reference the race you are signing up for.

Credit card fees due apply.

PAID ONLINE: \$ _____ Amount Date OF PAYMENT: _____

Participant Waiver: I fully understand and accept the risks involved in participating in any strenuous activity and I absolve the Spring Grove Regional Parks and Recreation Center, and Spring Grove Borough from all liability for any personal injury incurred through my participation in any Spring Grove Regional Parks and Recreation Center sponsored education, exercise, and/or physical activity program.

Signature: _____ Date: _____

Parent/Guardian Signature if under 18: _____

Office Use Only

Paid (Circle): Ck:# _____ Cash CC

Total Amount: _____ Date: _____

Staff Initials: _____

