



Glow in the Grove 5K RACE

Friday, October 13th, 2017

Race starts at 6:30pm

Presented by the Spring Grove Regional Parks and Recreation Center

Sponsored By:



Location: Start @ Spring Grove Recreation Center 50 North East Street Spring Grove, Pa 17362

*Run will be on the Trolley Trail please wear proper lighting and some areas will be lit along the way.

Registration Fees:

\$15 pre-registered (by 10/1/17)

\$20 after 10/1/17

\$10 Kids 12 and under

Race-day registration begins at 5:15pm; Race starts at 6:30pm

Please make checks payable to SGRPRC

* Registration fee includes Glow in the Grove long sleeve shirt and a glow stick!

* 5K Award distributed to top male and female finisher in each age category

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over

* Drinks and snacks will be provided at the race!

If you have questions concerning the race please call 717-225-9733 Ext. 3 or email
springgroverec@comcast.net



Detach this section and mail to Spring Grove Regional Parks and Recreation Center
50 North East Street, Suite 1, Spring Grove, PA 17362



Name: _____

Address: _____ **City:** _____ **State:** ____ **Zip:** _____

Email address: _____

Gender: Male or Female

Age on race-day: 14 & under 15-19 20-29 30-39 40-49 50-59 60 & over

T-shirt size: S M L XL Youth Size: _____

Registration fee enclosed: \$ _____

Participant Waiver: I fully understand and accept the risks involved in participating in any strenuous activity and I absolve the Spring Grove Regional Parks and Recreation Center, and Spring Grove Borough from all liability for any personal injury incurred through my participation in any Spring Grove Regional Parks and Recreation Center sponsored education, exercise, and/or physical activity program.

Signature: _____ Date: _____

Parent/Guardian Signature if under 18: _____

